

MODULE 6.1

REFLECT ON WEEK 1 AND COMPARE
YOUR GROWTH TO WEEK 6 THEN WRITE
ABOUT EACH TOPIC

MY CONFIDENCE

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL

MY TRUST

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL

MODULE 6.1

REFLECT ON WEEK 1 AND COMPARE
YOUR GROWTH TO WEEK 6 THEN WRITE
ABOUT EACH TOPIC

MY SPIRITUALITY

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL

MY NEGATIVE THOUGHTS

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL

MODULE 6.1

REFLECT ON WEEK 1 AND COMPARE
YOUR GROWTH TO WEEK 6 THEN WRITE
ABOUT EACH TOPIC

MY RELATIONSHIP W/ SELF

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL

MY _____

HOW IT STARTED

HOW IT'S GOING

MY NEW GOAL