

VICTIM TO VICTOR

I truly believe that we do have a season where being a victim serves us but I also believe that the season comes with an expiration date.

After we've spent time acknowledging our pain, it's up to us to decide what to do with it next.

Do we continue to make excuses because of what we've been through? Or do we face it and get our power back?

It's not easy, but it is possible.

Being a victim looks like... (even though this is a deep question, give yourself grace when answering. Don't be too hard on yourself)

I will need to let go of... to get my power back

Being a victor over all of my hardships looks like....
