

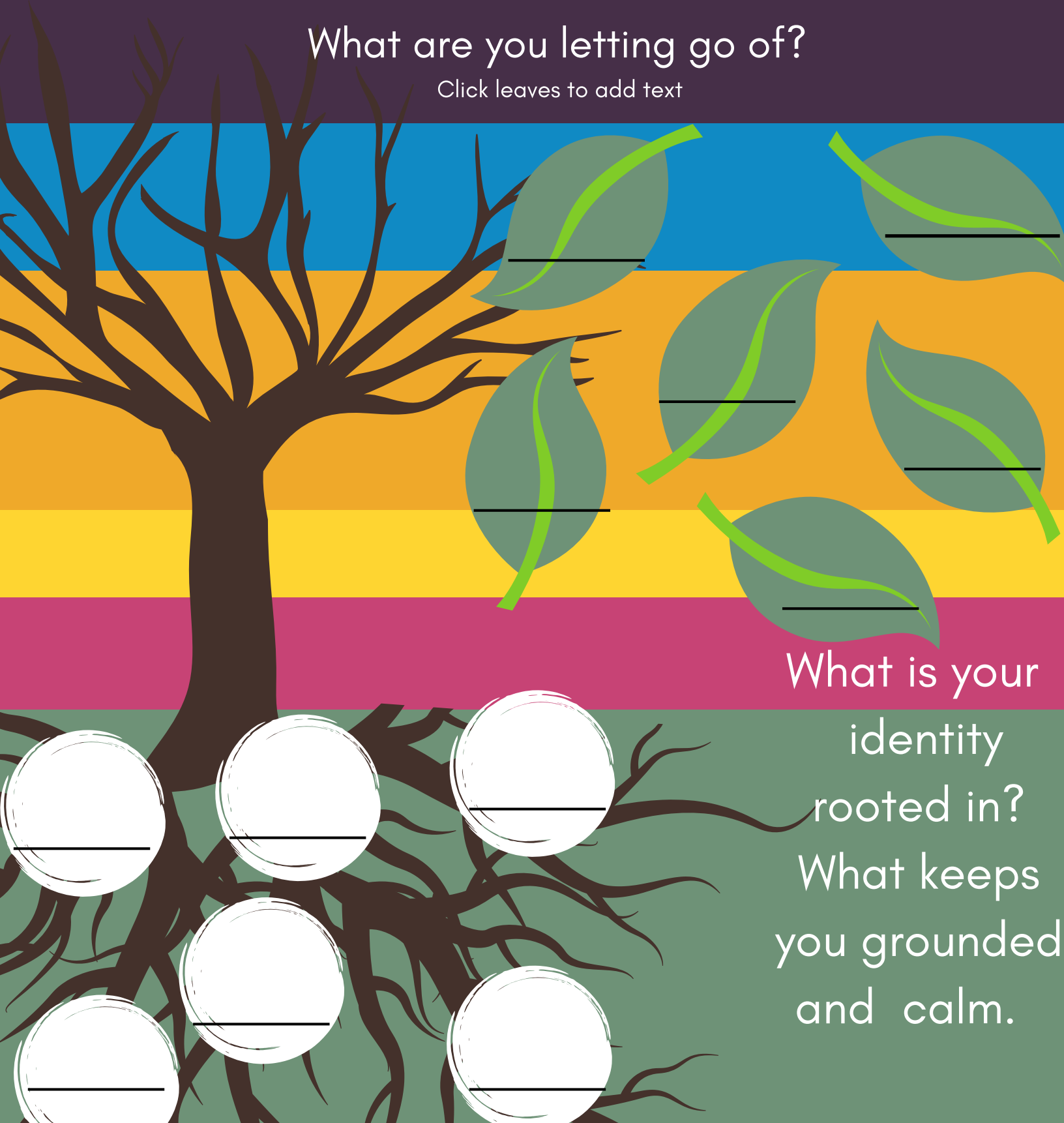
Be the Tree

RELEASE, GROW, AND GET GROUNDED

*editable document
www.breakthroughswithbriana.com

What are you letting go of?

Click leaves to add text



What is your
identity
rooted in?

What keeps
you grounded
and calm.